

Living with Diabetes

As part of the Nature for Health Project we will be delivering 2 walks to support people living with Diabetes.

Come along and Join us on the following dates.

18th May 10am Start at Hub Café Rhyl Harbour LL18 5AX –
Walk around Nature Reserve Kinmel Bay

25th May 10am Start at North Wales Bowls Centre Prestatyn LL19 7YA –
Walk along Promenade

Suitable for all abilities, for more information please contact Katrina Day
(Community Wellbeing Officer) at 07789480849 or
katrina.day@denbighshire.gov.uk



Denbighshire Countryside Service

Clwydian Range and Dee Valley

Denbighshire Housing